

V) If a system is in a pure state $\text{Tr } \hat{\rho}^2 = (\text{Tr } \hat{\rho})^2$ (1.11)

proof: $\hat{\rho} = |\psi\rangle\langle\psi| \Rightarrow \hat{\rho}^2 = |\psi\rangle\langle\psi| \underbrace{|\psi\rangle\langle\psi|}_{=1} = |\psi\rangle\langle\psi| = \hat{\rho}$

$\Rightarrow \text{Tr } \hat{\rho}^2 = \text{Tr } \hat{\rho}$. But $\text{Tr } \hat{\rho} = (\text{Tr } \hat{\rho})^2 = 1$

The opposite direction is slightly more difficult.

• in general $\text{Tr } \hat{\rho}^2 \leq (\text{Tr } \hat{\rho})^2$

proof: $\hat{\rho} = \sum_n W_n |\psi_n\rangle\langle\psi_n|$. Let us first assume a simpler

form $\hat{\rho} = \sum_n W_n |\phi_n\rangle\langle\phi_n|$ (Diagonal in an orthonormal basis)

$\Rightarrow \hat{\rho}^2 = \sum_{n_1, n_2} W_{n_1} W_{n_2} |\phi_{n_1}\rangle\langle\phi_{n_1}| \underbrace{|\phi_{n_2}\rangle\langle\phi_{n_2}|}_{\delta_{n_1 n_2}} = \sum_n W_n^2 |\phi_n\rangle\langle\phi_n|$

$\sum_n (W_n^2) \leq \left(\sum_n W_n \right)^2$ simply because $W_n \geq 0 \forall n$.

$= \sum_n W_n^2 + A(\{W_n\}) \quad A \geq 0$

• $\text{Tr } \hat{\rho}^2 = \text{Tr } \hat{\rho}$?

$A(\{W_n\}) = \sum_n \sum_{m \neq n} W_n W_m$. $A = 0$ only if each term of the sum

vanishes. Since $W_n = 0 \forall n$ is not allowed ($\text{Tr } \hat{\rho} = 1$!), the only possibility is that $\exists \bar{n} : W_{\bar{n}} = 1$ and $W_n = 0$ if $n \neq \bar{n}$.

$\sum_n (W_n^2) = \left(\sum_n W_n \right)^2 \Rightarrow \hat{\rho} = |\phi_{\bar{n}}\rangle\langle\phi_{\bar{n}}| \Rightarrow \hat{\rho}$ represents a pure state.

1.3.

Coherence vs. Incoherence

One of the basic concepts in quantum mechanics is the superposition principle. If a system has at disposal state $|\psi_1\rangle$ and $|\psi_2\rangle \Rightarrow$ its most general state is

$$|\psi\rangle = a|\psi_1\rangle + b|\psi_2\rangle$$

This is a third quantum state. This superposition principle is the mathematical background of the interference phenomena.

▲ How does the density matrix theory express the quantum interference and the superposition principle?

Def. The system is a coherent superposition of basis states $|\phi_n\rangle$ if its density matrix is not diagonal in the $|\phi_n\rangle$ representation. If in addition the system is in a pure state it is said to be completely coherent.

Def. If ρ_{ij} ($\hat{\rho}$, loosely speaking) is diagonal the system is said to be in an incoherent superposition of the basis states. (providing more than 1 diagonal element $\neq 0$)
Cohen-Tannoudji (1962)

Note: The concept of coherent superposition depends on the choice of the representation basis for the density matrix.

For example, let $\{|\phi_n\rangle\}$ be ON then $\hat{\rho} = \sum_n W_n |\phi_n\rangle\langle\phi_n|$ is an incoherent superposition of states $|\phi_n\rangle$, but in general due to (2.6) a coherent superposition of basis states.

Note: The diagonal element ρ_{ii} (population) expresses the probability of finding the system in the basis state $|\phi_i\rangle$. The off-diagonal elements, (coherences) are associated with interference effects.

▲ Why shall we call a pure state completely coherent?

$$\hat{\rho}_{\text{pure}} = |\psi\rangle\langle\psi| \longleftrightarrow \rho_{\text{pure}} = \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix}$$

- ρ_{pure} has off-diagonal elements in any representation not containing $|\psi\rangle$ in the basis.

▲ Can you think about a state which is "completely" incoherent?

$$\hat{\rho} = \sum_{n=1}^N \frac{1}{N} |\phi_n\rangle\langle\phi_n| \longleftrightarrow \rho = \frac{1}{N} \mathbb{1}$$

this state is a statistical mixture in whatever representation.

1.4 Time evolution of statistical mixtures

▲ How is time entering in the density matrix theory?

In steps:

• 1.4.1 Time - evolution operator

The time evolution of quantum mechanical states is described by the Schrödinger eq. (SE)

$$i\hbar \frac{\partial}{\partial t} |\psi(t)\rangle = \hat{H}(t) |\psi(t)\rangle \quad (1.12)$$

Rather than solving directly the SE, we move the problem to the identification of a time-evolution operator $\hat{U}(t)$ defined by

$$|\psi(t)\rangle := \hat{U}(t, t_0) |\psi(t_0)\rangle \quad (1.13)$$

with the convention $\hat{U}(t) := \hat{U}(t, 0)$.

From (1.12) it follows $i\hbar \frac{\partial \hat{U}}{\partial t} |\psi(0)\rangle = \hat{H}(t) \hat{U}(t) |\psi(0)\rangle$ and, due to the arbitrary choice of $|\psi(0)\rangle$

$$i\hbar \frac{\partial \hat{U}(t)}{\partial t} = \hat{H}(t) \hat{U}(t) \quad (1.14)$$

$$-i\hbar \frac{\partial \hat{U}^\dagger(t)}{\partial t} = \hat{U}^\dagger(t) \hat{H}^\dagger(t) \quad (1.14b)$$

Properties of $\hat{U}(t)$

i) (1.13) $\Rightarrow \hat{U}(0) = \mathbb{1}$

ii) (1.14 + 1.14b) $i\hbar \frac{\partial (U^\dagger U)}{\partial t} = 0 \Rightarrow U^\dagger(t) U(t)$ is constant
but $U^\dagger(0) U(0) = \mathbb{1} \Rightarrow U$ is unitary.

proof

$$i\hbar \frac{\partial (U^\dagger U)}{\partial t} = i\hbar \left(\frac{\partial U^\dagger}{\partial t} U + U^\dagger \frac{\partial U}{\partial t} \right) = -U^\dagger H U + U^\dagger H U = 0$$

$$i\hbar \frac{\partial (U U^\dagger)}{\partial t} = 0 \text{ along the same lines.}$$

• 1.4.2 Time evolution of $\hat{\rho}(t)$

Suppose that at time $t=0$ a certain mixture is represented by the density operator

$$\hat{\rho}(0) = \sum_n W_n |\psi_n(0)\rangle \langle \psi_n(0)| \quad (1.15)$$

The states vary in time according to (1.13). It follows

$$\begin{aligned} \hat{\rho}(t) &= \sum_n W_n |\psi_n(t)\rangle \langle \psi_n(t)| = \\ &= \sum_n W_n \hat{U}(t) |\psi_n(0)\rangle \langle \psi_n(0)| \hat{U}^\dagger(t) \end{aligned}$$

$$\Rightarrow \boxed{\hat{\rho}(t) = \hat{U}(t) \hat{\rho}(0) \hat{U}^\dagger(t)} \quad 1.16$$

Moreover, differentiating (1.16) with respect to time it follows

$$\boxed{i\hbar \frac{\partial}{\partial t} \hat{\rho}(t) = [\hat{H}(t), \hat{\rho}(t)]} \quad (1.17)$$

Known as Liouville-von Neumann eq. because it assumes the same form as the equation of motion for the phase space probability distribution in classical mechanics.

$$\rho(q, p) = \rho(q(t), p(t))$$

$$\frac{d}{dt} \rho = \frac{\partial \rho}{\partial q} \dot{q} + \frac{\partial \rho}{\partial p} \dot{p} \quad . \quad \text{If the system has an Hamiltonian dynamics described by the Hamilton function } H(q, p)$$

$$\begin{cases} \dot{q} = \frac{\partial H}{\partial p} \\ \dot{p} = -\frac{\partial H}{\partial q} \end{cases}$$

$$\frac{d}{dt} \rho = \frac{\partial \rho}{\partial q} \frac{\partial H}{\partial p} - \frac{\partial \rho}{\partial p} \frac{\partial H}{\partial q} = \{ \rho, H \}_{\text{Poincaré}} \quad \leftarrow \boxed{\text{Liouville equation}}$$

where we have introduced the Poincaré brackets:

$$\{ f, g \}_{\text{Poincaré}} = \frac{\partial f}{\partial q} \frac{\partial g}{\partial p} - \frac{\partial f}{\partial p} \frac{\partial g}{\partial q}$$

the following correspondence can be derived:

$$\frac{i}{\hbar} [\ , \] \leftrightarrow \{ \ , \ }_{\text{Poincaré}}$$

Note: Eq. (1.10) and (1.17) are the basic equations of the theory out of which one gets the dynamics of the observables.

• 1.4.3 The interaction picture

In general either $\hat{U}(t)$ is not known or an exact solution of (1.17) is not possible. We shall see later different methods to determine $\hat{\rho}$ either exactly or approximately. Here we start to address the case in which we can write:

$$\hat{H} = \hat{H}_0 + \hat{V}(t) \quad (1.18)$$

whereby \hat{V} is a possibly time-dependent perturbation. Then, it is convenient to reformulate the Liouville eq. in the interaction picture

The interaction picture is defined by the relation:

$$|\psi(t)\rangle_S = \hat{U}_0(t) |\psi(t)\rangle_I \quad (1.19) \quad \Leftrightarrow \quad |\psi(t)\rangle_I = \hat{U}_0^\dagger(t) |\psi(t)\rangle_S \quad (1.19b)$$

where the subscript S denotes the Schrödinger name of the time evolution picture considered so far $\hat{U}_0(t)$ is the ev. operator associated with \hat{H}_0 . Since, the expectation value of an observable is independent of the time evolution picture:

$$\langle \hat{O} \rangle_S = \langle \hat{O} \rangle_I$$

$\int \langle \psi(t) | \hat{O} | \psi(t) \rangle_S = \int \langle \psi(t) | \hat{U}_0^\dagger(t) \hat{O} \hat{U}_0(t) | \psi(t) \rangle_I$ naturally defines the time evolution of operators in the interaction picture:

$$\hat{O}_I(t) = \hat{U}_0^\dagger(t) \hat{O}_S \hat{U}_0(t) \quad (1.20)$$

Note: $|\psi(0)\rangle_S = |\psi(0)\rangle_I$ at time $t=0$ the two representations coincide.
 $\hat{O}_I(0) = \hat{O}_S(0)$

▲ The question is now: which is the time evolution operator in interaction picture?

$$|\psi(t)\rangle_I := \hat{U}_I(t) |\psi(0)\rangle_I$$

but from 1.19b $|\psi(t)\rangle_I = U_0^\dagger(t) U(t) |\psi(0)\rangle_S = U_0^\dagger(t) U(t) |\psi(0)\rangle_I$

thus

$$\boxed{U_I(t) := U_0^\dagger(t) U(t)} \quad (1.21)$$

The importance of the interaction picture is first achieved by differentiating (1.21) with respect of time:

$$\begin{aligned} i\hbar \frac{\partial}{\partial t} U_I(t) &= i\hbar \left(\frac{\partial}{\partial t} U_0^\dagger(t) \right) U(t) + U_0^\dagger(t) i\hbar \frac{\partial}{\partial t} U(t) \stackrel{1.14-1.14b}{=} \\ &= U_0^\dagger(t) (-H_0) U(t) + U_0^\dagger(t) H U(t) = U_0^\dagger(t) V(t) U(t) \\ &= U_0^\dagger(t) V(t) U_0(t) U_0^\dagger(t) U(t) = V_I(t) U_I(t) \end{aligned}$$

Summarizing

$$\boxed{i\hbar \frac{\partial}{\partial t} U_I(t) = V_I(t) U_I(t)} \quad (1.22)$$

The equation of motion of the time evolution operator in interacting picture is only determined by the interaction component of the Hamiltonian.

▲ Which are the consequences for the density operator $\hat{\rho}$ of this time evolution picture?

We start from the definition

$$\hat{\rho}_I(t) = \sum_n W_n |\psi(t)\rangle \langle \psi(t)| \quad (1.23)$$

From (1.196) it follows

$$\hat{\rho}_I(t) = \hat{U}_0^\dagger(t) \hat{\rho}_S(t) \hat{U}_0(t) \quad (1.24)$$

Note: the time evolution of $\hat{\rho}$ follows the rules defined for a generic operator \hat{O} .

Finally, we can derive the Liouville equation in interaction picture

$$\begin{aligned} \frac{d}{dt} \rho_I(t) &= \left(\frac{d}{dt} U_0^\dagger(t) \right) \rho_S(t) U_0(t) + U_0^\dagger(t) \left(\frac{d}{dt} \rho_S(t) \right) U_0(t) + U_0^\dagger(t) \rho_S(t) \frac{d}{dt} U_0(t) \\ &= \underbrace{U_0^\dagger \frac{i}{\hbar} H_0 \rho_S U_0 + U_0^\dagger \left(-\frac{i}{\hbar} \right) H \rho_S U_0 + U_0^\dagger \rho_S \left(\frac{i}{\hbar} \right) H U_0 + U_0^\dagger \rho_S \left(-\frac{i}{\hbar} \right) H_0 U_0}_{= -\frac{i}{\hbar} U_0^\dagger V \rho_S U_0} + \frac{i}{\hbar} U_0^\dagger \rho_S V U_0 \\ &= -\frac{i}{\hbar} U_0^\dagger V U_0 U_0^\dagger \rho_S U_0 + \frac{i}{\hbar} U_0^\dagger \rho_S U_0 U_0^\dagger V U_0 \end{aligned}$$

Summarizing

$$\boxed{i\hbar \frac{d}{dt} \hat{\rho}_I(t) = [\hat{V}_I(t), \hat{\rho}_I(t)]} \quad (1.25)$$

Note: Eq. (1.25) can be formally integrated

$$\hat{\rho}_I(t) = \hat{\rho}_I(0) - \frac{i}{\hbar} \int_0^t d\tau [\hat{V}_I(\tau), \hat{\rho}_I(\tau)] \quad (1.26)$$

Replacing (1.26) in (1.25)

$$i\hbar \frac{d}{dt} \hat{\rho}_I(t) = [\hat{V}_I(t), \hat{\rho}_I(0)] - \frac{i}{\hbar} \int_0^t d\tau [\hat{V}_I(t), [\hat{V}_I(\tau), \hat{\rho}_I(\tau)]] \quad (1.27)$$

Eq. (1.27) represents the starting point for a perturbative solution of (1.25).

1.5 systems in thermal equilibrium

A peculiar density matrix particularly useful in the study of systems both models is the one describing a system in thermal equilibrium with the surrounding medium. For such systems, as shown by statistical mechanics

$$\hat{\rho}_{eq} := \frac{e^{-\beta \hat{H}}}{Z} \quad (1.28) \quad Z = \text{Tr} e^{-\beta \hat{H}} \quad (1.28b)$$

if the system can exchange energy but NOT particles with the surrounding. (CANONICAL ENSEMBLE)

$$\hat{\rho}_{eq} := \frac{e^{-\beta(\hat{H} - \mu \hat{N})}}{Z} \quad (1.28c) \quad Z = \text{Tr} e^{-\beta(\hat{H} - \mu \hat{N})} \quad (1.28d)$$

if the system can exchange energy and particles with the surrounding (GRANDCANONICAL ENSEMBLE)

Note: in the energy representation, given $\hat{H}|m\rangle = E_m|m\rangle$

$$\rho_{km} = \langle k | \hat{\rho}_{eq} | m \rangle = \delta_{km} \frac{e^{-\beta E_k}}{Z}$$

$$\Rightarrow \boxed{\hat{\rho}_{eq} = \frac{1}{Z} \sum_n e^{-\beta E_n} |n\rangle \langle n|} \quad (1.29)$$

Hence, a system in thermal equilibrium is an incoherent statistical mixture of energy eigenstates with weights $W_n = e^{-\beta E_n}/Z$.

Analogously, in the grand canonical ensemble

$$\hat{H}|N, m\rangle = E_{N, m}|N, m\rangle \quad \rho_{Nk, Mm} = \langle N, k | \hat{\rho}_{eq} | M, m \rangle =$$

$$\Rightarrow \boxed{\hat{\rho}_{eq} = \frac{1}{Z} \sum_{N, n} e^{-\beta(E_{N, n} - \mu N)} |N, n\rangle \langle N, n|} \quad (1.29b) = \delta_{NM} \delta_{km} \frac{e^{-\beta(E_{N, m} - \mu N)}}{Z}$$

Chapter 2: COUPLED SYSTEMS

2.1 The non-separability of QM systems after an interaction

Let us consider two QM systems Φ_1 and Φ_2 described by the complete set of ON state vectors $\{|\Phi_i^{(1)}\rangle\}$ and $\{|\Phi_j^{(2)}\rangle\}$, respectively.

The two systems, initially separated, are brought together at time $t=0$ and allowed to interact.

If before the interaction the two systems are in the pure states $|\Phi_\alpha^{(1)}\rangle$ and $|\Phi_\beta^{(2)}\rangle$ then prior to the interaction the combined system is represented by the state vector

$$|\Psi_{in}\rangle := |\Phi_\alpha^{(1)}\rangle |\Phi_\beta^{(2)}\rangle \quad (2.1)$$

in the composite Hilbert space. During the interaction time, the time evolution is determined by the time evolution operator in the composite space

$$|\Psi_{in}\rangle \longrightarrow |\Psi_{out}(\alpha, \beta)\rangle \quad (2.2)$$

In general

$$|\Psi_{out}(\alpha, \beta)\rangle = \sum_{ij} a(ij, \alpha\beta) |\Phi_i^{(1)}\rangle |\Phi_j^{(2)}\rangle \quad (2.3)$$

with the coefficients a yielding the probability amplitude of finding a particle of Φ_1 in $|\Phi_i^{(1)}\rangle$ and simultaneously one particle of Φ_2 in $|\Phi_j^{(2)}\rangle$.

In other words, a particular state $|\Phi_i^{(1)}\rangle$ is correlated to one or several states $|\Phi_j^{(2)}\rangle$. It follows the principle of non-separability:

In general it is not possible to write $|\Psi_{\text{out}}\rangle = |\Phi^{(1)}\rangle |\Phi^{(2)}\rangle$, i.e. to assign a simple state vector to either of the two subsystems.

If \hat{Q}_1 is an observable of system Φ_1 and \hat{Q}_2 an observable of Φ_2

$$\langle \hat{Q}_1 \hat{Q}_2 \rangle (t=0) = \langle \Psi_{\text{in}} | \hat{Q}_1 \hat{Q}_2 | \Psi_{\text{in}} \rangle = \langle \Phi_\alpha^{(1)} | \hat{Q}_1 | \Phi_\alpha^{(1)} \rangle \langle \Phi_\beta^{(2)} | \hat{Q}_2 | \Phi_\beta^{(2)} \rangle$$

and this is valid for the entire probability distribution of \hat{Q}_1 and \hat{Q}_2 with respect of the one of $\hat{Q}_1 \hat{Q}_2$ $P_{Q_1 Q_2} = P_{Q_1} P_{Q_2}$.

$$\langle \hat{Q}_1 \hat{Q}_2 \rangle (t > 0) = \sum_{i,j,i',j'} a^*(i',j',\alpha\beta) a(i,j,\alpha\beta) \langle \Phi_i^{(1)} | \hat{Q}_1 | \Phi_i^{(1)} \rangle \langle \Phi_j^{(2)} | \hat{Q}_2 | \Phi_j^{(2)} \rangle.$$

It follows an important consequence for the case in which only one system, say Φ_1 , is observed after interaction:

Although both systems were in pure states, at a later time Φ_1 will be found in a mixed state due to its correlations with Φ_2 .

=> The non observation of the Φ_2 system results in a loss of coherence in the Φ_1 system

2.2. The reduced density matrix

Consider two (or more) interacting QM systems. In many cases only one of the component systems, say Φ_1 , is of interest, while the other, say Φ_2 , is left undetected.

As a consequence the Φ_1 system is in a mixed state (cf sec 2.1) We wish to construct the relevant density operator $\hat{\rho}(\Phi_1, t)$ (or called reduced density operator) characterizing the system Φ_1 alone.

Let us consider an operator \hat{Q}_1 acting on the Φ_1 system only. Then, with $\hat{\rho}_{\text{tot}}(t)$ the density operator of the composite system,

$$\begin{aligned} \langle \hat{Q}_1 \rangle &= \text{Tr} \{ \hat{\rho}_{\text{tot}} \hat{Q}_1 \} = \sum_{i'j'} \langle \phi_{i'}^{(1)} \phi_{j'}^{(2)} | \hat{\rho}_{\text{tot}} \hat{Q}_1 | \phi_{i'}^{(1)} \phi_{j'}^{(2)} \rangle = \\ &= \sum_{i'j'j''} \langle \phi_{i'}^{(1)} \phi_{j'}^{(2)} | \hat{\rho}_{\text{tot}} \phi_{i'}^{(1)} \phi_{j''}^{(2)} \rangle \underbrace{\langle \phi_{j''}^{(2)} \phi_{j'}^{(2)} | \hat{Q}_1 | \phi_{i'}^{(1)} \phi_{j'}^{(2)} \rangle}_{\delta_{j''j'} \langle \phi_{i'}^{(1)} | \hat{Q}_1 | \phi_{i'}^{(1)} \rangle} \\ &= \sum_{i'i} \langle \phi_{i'}^{(1)} | \underbrace{\sum_j \langle \phi_j^{(2)} | \hat{\rho}_{\text{tot}} | \phi_j^{(2)} \rangle}_{\hat{\rho}_{\text{red}}} | \phi_{i'}^{(1)} \rangle \langle \phi_{i'}^{(1)} | \hat{Q}_1 | \phi_{i'}^{(1)} \rangle \\ &= \text{Tr}_{\Phi_1} \{ \hat{\rho}_{\text{red}} \hat{Q}_1 \} \end{aligned}$$

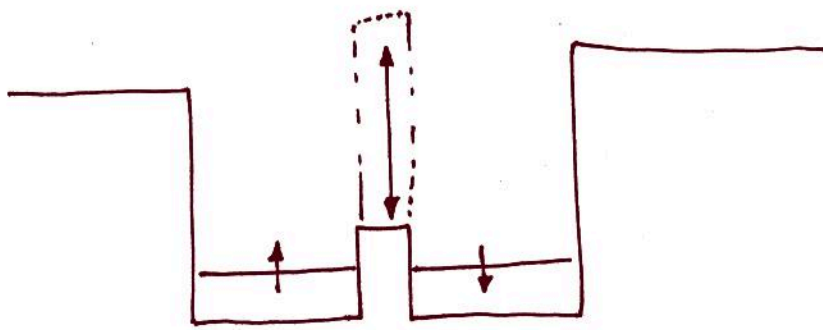
Defining thus the reduced density matrix

$$\hat{\rho}_{\text{red}} := \sum_i \langle \phi_i^{(2)} | \hat{\rho}_{\text{tot}} | \phi_i^{(2)} \rangle := \text{Tr}_{\Phi_2} \{ \hat{\rho}_{\text{tot}} \} \quad (2.4)$$

And the expectation value is

$$\langle \hat{Q}_1 \rangle = \sum_i \langle \phi_i^{(1)} | \hat{\rho}_{\text{red}} \hat{Q}_1 | \phi_i^{(1)} \rangle := \text{Tr}_{\Phi_1} \{ \hat{\rho}_{\text{red}} \hat{Q}_1 \}. \quad (2.5)$$

~~A~~ (hopefully clarifying) example



The initial state is $|\uparrow\rangle_L |\downarrow\rangle_R := |\uparrow\downarrow\rangle$. The Hamiltonian

$$H = \sum_{i\sigma} \epsilon c_{i\sigma}^\dagger c_{i\sigma} + \sum_{\sigma} b (c_{1\sigma}^\dagger c_{2\sigma} + c_{2\sigma}^\dagger c_{1\sigma})$$

No more particles can enter the system. The Hilbert space has dimension 6

(*) $|\uparrow\uparrow\rangle \quad |\uparrow\downarrow\rangle \quad |\downarrow\uparrow\rangle \quad |\downarrow\downarrow\rangle \quad |20\rangle \quad |02\rangle$

Short notation for the occupation number representation

(**) $|1100\rangle \quad |1001\rangle \quad |0110\rangle \quad |0011\rangle \quad |1010\rangle \quad |0101\rangle$

with the single particle states ordering $\uparrow\uparrow, \uparrow\downarrow, \downarrow\uparrow, \downarrow\downarrow$. It is not difficult to prove that H in the ordered basis (*) or (**) reads

$$H = \begin{pmatrix} 2\epsilon & & & & & \\ & 2\epsilon & & & & \\ & & 2\epsilon & & & \\ & & & 2\epsilon & & \\ \hline 0 & b & b & 0 & 2\epsilon & 0 \\ 0 & b & b & 0 & 0 & 2\epsilon \end{pmatrix}$$

This matrix we want to diagonalize to obtain the eigenvalues ϵ_i and eigenvectors $|\varphi_i\rangle$ such that:

$$|\uparrow\downarrow\rangle(t) = \sum_i \langle \varphi_i | \uparrow\downarrow \rangle |\varphi_i\rangle e^{i\epsilon_i t / \hbar}$$

And, consequently:

$$\rho_{\text{tot}}(t) = \sum_{i,j} \langle \varphi_i | \uparrow \downarrow \rangle \langle \varphi_j | \uparrow \downarrow \rangle | \varphi_i \rangle \langle \varphi_j | e^{i(E_i - E_j)t/\hbar}$$

Finally

$$\rho_{\text{red}, \pm} = \langle 0 | \rho_{\text{tot}} | 0 \rangle_{\mathcal{R}} + \langle \uparrow | \rho_{\text{tot}} | \uparrow \rangle_{\mathcal{R}} + \langle \downarrow | \rho_{\text{tot}} | \downarrow \rangle_{\mathcal{R}} + \langle 2 | \rho_{\text{tot}} | 2 \rangle_{\mathcal{R}}$$

Now that we defined the program, let us realize it: for the diagonalization one notices that the Hamiltonian is invariant under:

$$\begin{aligned} S_F & * \text{spin flip} & \uparrow & \rightarrow \downarrow \text{ and } \downarrow \rightarrow \uparrow \\ W_F & * \text{well flip} & 1 & \rightarrow 2 \text{ and } 2 \rightarrow 1 \end{aligned}$$

Moreover $[S_F, W_F] = 0$. Thus we can organize the basis in terms of eigenstates for S_F and W_F . Namely:

NO	$\frac{1}{\sqrt{2}} (\overset{c_{1\uparrow}^\dagger c_{2\uparrow}^\dagger}{ \uparrow\uparrow\rangle} + \overset{c_{1\downarrow}^\dagger c_{2\downarrow}^\dagger}{ \downarrow\downarrow\rangle})$	S_F	W_F	Note: $c_{1\uparrow}^\dagger c_{2\uparrow}^\dagger = -c_{2\uparrow}^\dagger c_{1\uparrow}^\dagger$ $ \varphi_i\rangle \quad i=1\dots 6$ eigenstate eigenstate
NO	$\frac{1}{\sqrt{2}} (\overset{c_{1\uparrow}^\dagger c_{2\uparrow}^\dagger}{ \uparrow\uparrow\rangle} - \overset{c_{1\downarrow}^\dagger c_{2\downarrow}^\dagger}{ \downarrow\downarrow\rangle})$	$ 1, -1\rangle$	$ -1, -1\rangle$	
	$\frac{1}{\sqrt{2}} (\overset{c_{1\uparrow}^\dagger c_{2\downarrow}^\dagger}{ \uparrow\downarrow\rangle} + \overset{c_{2\uparrow}^\dagger c_{1\downarrow}^\dagger}{ \downarrow\uparrow\rangle})$	$ -1, +1\rangle$	$ -1, +1\rangle$	
✓	$\frac{1}{\sqrt{2}} (\uparrow\downarrow\rangle - \downarrow\uparrow\rangle)$	$ 1, -1\rangle$	$ 1, -1\rangle$	
	$\frac{1}{\sqrt{2}} (\overset{c_{1\uparrow}^\dagger c_{1\downarrow}^\dagger}{ 2,0\rangle} + \overset{c_{2\uparrow}^\dagger c_{2\downarrow}^\dagger}{ 0,2\rangle})$	$ -1, +1\rangle$	$ -1, +1\rangle$	
✓	$\frac{1}{\sqrt{2}} (2,0\rangle - 0,2\rangle)$	$ -1, -1\rangle$	$ -1, -1\rangle$	

Considering that $|\uparrow\uparrow\rangle$ and $|\downarrow\downarrow\rangle$ are already eigenstates of H .

the procedure allows to identify already also

$$\frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) \quad \text{and} \quad \frac{1}{\sqrt{2}}(|2,0\rangle - |0,2\rangle)$$

as eigenstates of the system. By symmetry they can only couple to $|1,-1\rangle$ and $|-1,-1\rangle$ states, but the latter are decoupled due to system specific properties.

$$|\varphi_1\rangle = \frac{1}{\sqrt{2}}(|\uparrow\uparrow\rangle + |\downarrow\downarrow\rangle) \quad E_1 = 2\varepsilon$$

$$|\varphi_2\rangle = \frac{1}{\sqrt{2}}(|\uparrow\uparrow\rangle - |\downarrow\downarrow\rangle) \quad E_2 = 2\varepsilon$$

$$|\varphi_3\rangle = \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) \quad E_3 = 2\varepsilon$$

$$|\varphi_4\rangle = \frac{1}{\sqrt{2}}(|2,0\rangle - |0,2\rangle) \quad E_4 = 2\varepsilon$$

In the basis $\frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle)$, $\frac{1}{\sqrt{2}}(|2,0\rangle + |0,2\rangle)$ it reads

$$H_{\text{red}} = \begin{pmatrix} 2\varepsilon & 2b \\ 2b & 2\varepsilon \end{pmatrix}$$

$$|\varphi_5\rangle = \frac{1}{2}(|2,0\rangle + |\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle + |0,2\rangle) \quad E_5 = 2\varepsilon + 2b$$

$$|\varphi_6\rangle = \frac{1}{2}(|2,0\rangle - |\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle + |0,2\rangle) \quad E_6 = 2\varepsilon - 2b$$

$$|\uparrow\downarrow\rangle = e^{i\frac{2\varepsilon}{\hbar}t} \left[\frac{1}{\sqrt{2}}|\varphi_3\rangle + \frac{1}{2}e^{i\frac{2b}{\hbar}t}|\varphi_5\rangle - \frac{1}{2}e^{-i\frac{2b}{\hbar}t}|\varphi_6\rangle \right]$$

$$|\uparrow\downarrow\rangle\langle\uparrow\downarrow| = \frac{1}{2}|\varphi_3\rangle\langle\varphi_3| + \frac{1}{4}|\varphi_4\rangle\langle\varphi_4| + \frac{1}{4}|\varphi_5\rangle\langle\varphi_5| +$$

$$\frac{1}{\sqrt{8}}|\varphi_3\rangle\langle\varphi_4|e^{-i\frac{2b}{\hbar}t} - \frac{1}{\sqrt{8}}|\varphi_3\rangle\langle\varphi_5|e^{i\frac{2b}{\hbar}t} + \frac{1}{\sqrt{8}}|\varphi_4\rangle\langle\varphi_3|e^{i\frac{2b}{\hbar}t}$$

$$- \frac{1}{4}|\varphi_4\rangle\langle\varphi_5|e^{i\frac{2b}{\hbar}t} - \frac{1}{\sqrt{8}}|\varphi_5\rangle\langle\varphi_3|e^{-i\frac{2b}{\hbar}t} - \frac{1}{4}|\varphi_5\rangle\langle\varphi_4|e^{-i\frac{2b}{\hbar}t}$$

For the projection into the factorized basis, it is convenient to calculate.

$$|\uparrow\downarrow\rangle(t) = e^{i\frac{2\varepsilon}{\hbar}t} \left[\frac{1}{2} (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) + \frac{1}{4} (|2,0\rangle + |\uparrow,\downarrow\rangle + |\downarrow,\uparrow\rangle + |0,2\rangle) e^{i\frac{2b}{\hbar}t} + \frac{1}{4} (|2,0\rangle - |\uparrow,\downarrow\rangle - |\downarrow,\uparrow\rangle + |0,2\rangle) e^{-i\frac{2b}{\hbar}t} \right]$$

$$= e^{i\frac{2\varepsilon}{\hbar}t} \left[\left(\frac{1}{2} + \frac{1}{2} \cos\left(\frac{2b}{\hbar}t\right) \right) |\uparrow\downarrow\rangle + \left(-\frac{1}{2} + \frac{1}{2} \cos\left(\frac{2b}{\hbar}t\right) \right) |\downarrow\uparrow\rangle + \frac{i}{2} \sin\left(\frac{2b}{\hbar}t\right) (|2,0\rangle + |0,2\rangle) \right]$$

$t=0$ one obtains back $|\uparrow\downarrow\rangle$ ✓

$\frac{2b}{\hbar}t = \pi \Leftrightarrow t = \frac{\hbar\pi}{2b}$ $-\downarrow\uparrow\rangle e^{i\frac{2\varepsilon}{\hbar} \cdot \frac{\hbar\pi}{2b}} = -|\downarrow\uparrow\rangle e^{i\pi\frac{\varepsilon}{b}}$ separable

$\frac{2b}{\hbar}t = \frac{\pi}{2}$ $|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle + i(|2,0\rangle + |0,2\rangle)$ for example, non separable.

$$\hat{P}_{\text{tot}}(t) = \frac{\left[1 + \cos\left(\frac{2b}{\hbar}t\right)\right]^2}{4} |\uparrow\downarrow\rangle\langle\uparrow\downarrow| + \frac{\left[1 - \cos\left(\frac{2b}{\hbar}t\right)\right]^2}{4} |\downarrow\uparrow\rangle\langle\downarrow\uparrow|$$

$$+ \frac{\sin^2\left(\frac{2b}{\hbar}t\right)}{4} (|2,0\rangle\langle 2,0| + |2,0\rangle\langle 0,2| + |0,2\rangle\langle 2,0| + |0,2\rangle\langle 0,2|)$$

$$+ \frac{-1 + \cos^2\left(\frac{2b}{\hbar}t\right)}{4} (|\uparrow\downarrow\rangle\langle\downarrow\uparrow| + |\downarrow\uparrow\rangle\langle\uparrow\downarrow|) - \frac{i \sin\left(\frac{2b}{\hbar}t\right) (1 + \cos\left(\frac{2b}{\hbar}t\right))}{4}$$

$$(|\uparrow\downarrow\rangle\langle 2,0| + |\uparrow,\downarrow\rangle\langle 0,2|) + \frac{i \sin\left(\frac{2b}{\hbar}t\right) (1 + \cos\left(\frac{2b}{\hbar}t\right))}{4} (|2,0\rangle\langle\uparrow\downarrow| + |0,2\rangle\langle\downarrow\uparrow|)$$

$$+ \frac{i \sin\left(\frac{2b}{\hbar}t\right) (1 - \cos\left(\frac{2b}{\hbar}t\right))}{4} (|\downarrow\uparrow\rangle\langle 2,0| + |\downarrow,\uparrow\rangle\langle 0,2|) - \frac{i \sin\left(\frac{2b}{\hbar}t\right) (1 - \cos\left(\frac{2b}{\hbar}t\right))}{4} (|0,2\rangle\langle\downarrow\uparrow| + |2,0\rangle\langle\uparrow\downarrow|)$$

$$\hat{\rho}_{\text{red}}(t) = \frac{[1 + \cos(\omega t)]^2}{4} |\uparrow X \uparrow\rangle + \frac{[1 - \cos(\omega t)]^2}{4} |\downarrow X \downarrow\rangle$$

$$+ \frac{\sin^2(\omega t)}{4} (|2X2\rangle + |0X0\rangle) \quad \cdot \omega = \frac{2b}{\hbar}$$

which is a statistical mixture except for $t = \frac{n\pi}{\omega} = \frac{n\pi\hbar}{2b} = \frac{n\hbar}{4b}$ when the system is either in the pure state $|\uparrow X \uparrow\rangle$ (n even) or in the pure state $|\downarrow X \downarrow\rangle$ (n odd). Notice that

$$\text{Tr}_{\mathcal{H}_s} \hat{\rho}_{\text{red}} = \frac{2 + 2\cos^2(\omega t) + 2\sin^2(\omega t)}{4} = 1.$$

$$\hat{\rho}_{red,1} = P_{\uparrow}(t) |\uparrow X \uparrow\rangle + P_{\downarrow}(t) |\downarrow X \downarrow\rangle + P_0(t) |0 X 0\rangle + P_2(t) |2 X 2\rangle$$

Note $P_0 = P_2 \quad \forall t$

