

Problem 1: Metric determinant

Show that in the ADM decomposition

$$g_{\mu\nu} = \begin{pmatrix} -N^2 + N^a N_a & N_a \\ N_a & q_{ab} \end{pmatrix} \quad g^{\mu\nu} = \begin{pmatrix} -1/N^2 & N^a/N^2 \\ N^a/N^2 & q^{ab} - N^a N^b / N^2 \end{pmatrix} \quad (1)$$

of the spacetime metric, we have $\sqrt{-\det g_{\mu\nu}} = |N| \sqrt{\det q_{ab}}$.

Problem 2: Extrinsic curvature

- a) Show that $K_{\mu\nu}$ is symmetric.

Hint: $n_\mu \propto \partial_\mu f$, with $f(X_t(x^a)) = t$.

- b) Show that $K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n q_{\mu\nu}$.

Hint: Show that $2\nabla_{(\mu} n_{\nu)} = \mathcal{L}_n g_{\mu\nu}$.

Problem 3: BONUS: Gauß and Codacci equations

Derive the Gauß equation

$$R_{\mu\nu\rho\sigma}^{(3)} = -2K_{\rho[\mu} K_{\sigma]\nu} + q_\mu^{\mu'} q_\nu^{\nu'} q_\rho^{\rho'} q_\sigma^{\sigma'} R_{\mu'\nu'\rho'\sigma'}^{(4)} \quad (2)$$

and the Codacci equation

$$R^{(4)} = R^{(3)} + (K_{\mu\nu} K^{\mu\nu} - K^2) + 2\nabla_\mu (n^\nu \nabla_\nu n^\mu - n^\mu \nabla_\nu n^\nu). \quad (3)$$